

# Family Life Church

## **S H R E V E P O R T**





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# *Introduction*

At times we can feel insecure and unstable, getting blown about by the latest crisis, by bad news, or by our own short comings. Our Father called us to hold fast to what is good, but so often we struggle unable to find that solid thing that will center us again. The monthly "Better Life Compass" will help you to see God as our center, and to cling to the good that He created in the world. The Compass will help you to grow even more into Christ's likeness, that you will bear his love and truth to the people around you.

The Better Life Compass is your tool and instrument containing a biblical pointer that will show you the direction and course planned for your life. The Compass is also an awareness or understanding of your purpose or yearly objectives monthly.

Well as you know, sometimes our lives are a mess, because of choices we have made or because of choices others have made. Sometimes our lives are great, and we're kind and generous. Sometimes our lives are great and we forget to be to grateful and humble. The Compass will walk with you if you stray, slow down when you get ahead of God, and waiting for Him if you lag behind.

The Better Life Compass is a confession map to help you live life by a COMPASS not a CLOCK to bring you freedom. It means to live your life as you want to, not as you have to according to your confessions. It means to seize the moment, live your BEST LIFE NOW!

So, I ask that you stay with your church family throughout the year as we travel from one monthly confession to the next.

Sincerely,

Pastor Tommy W. Nard, Sr.  
"Live Your Life In Peace & Not In Pieces"



# January 2018 C O N F E S S I O N

## Cleansing Prayer

Heavenly Father, I need Your Holy Spirit to help me not think and live according to my old ways. I place my childhood fears and bloodline curses behind me and I cancel them, in Jesus' name. By faith in the Lord Jesus Christ, I choose not to be enslaved to them any longer!

Today, I lay aside my fear of facing the pain from past friendships, romances, lovers, and relatives. I renounce the spirits of pride, bitterness, lying, self-exaltation, rebellion, witchcraft, and the occult. I choose to not walk in these ways or be connected in any way. When I am tested by these deceiving spirits, I choose to respond in godliness, righteousness and authority. Father, I thank you for removing any mental strongholds and for helping me to think and see clearly.

I choose not to listen to other spiritual voices. Instead, I choose to listen to Your voice. From this time forth, I will not trust in lying spirits nor the spirits who claim to offer me protection from evil. I close every door and portal to Satan. I will not seek a false defense to shield myself from wrong, exploitation, or harm. I look to You, Lord Jesus, and place my trust in You to protect me from the harm of well-meaning people and from demonic spirits. Jesus, I choose You to be my Savior and Holy Spirit, I choose You to be my Defense.

Father, according to Your Word in 1 John 1:9 it says, "If we confess our sins, You are faithful and just to forgive us our sins and to cleanse us from all unrighteousness". If I have not loved rightly, or have resented others, I confess and renounce my sin, known and unknown. I now recognize my sin and confess it before You. With godly sorrow and repentance in my heart, I ask You Father, to deliver me from the snare of the fowler and set me totally free. Your truth is a shield to me and under Your wings, I seek refuge. By faith in your Word, I now receive and take hold of your forgiveness and cleansing. Also Father, by the blood of Your Son, Jesus, I forgive myself as You have forgiven me.

Lord Jesus, according to James 4:8, I draw nigh to You, and You promise to draw nigh to me. My hands are cleansed, my heart is purified and I take a stand against double mindedness. I will call upon You, and You will answer me. You will be with me in trouble.

Father, I believe it is done, I believe I'm cleansed, in Jesus' Name!





# *February 2018* C O N F E S S I O N

## **Grace & Favor For Me**

I walk in grace and faith today, for Jesus has taken away fear and doubt in my life. Fear will not rule me - faith will! I agree with Psalm 91:5, I will not be afraid for the terror by night; nor for the arrow that flieth by day.

Whatever is not of faith is sin, so I speak words of life. Today, I cast all my cares on Christ. I will go throughout the day worry free and stress free. I choose to meditate on the promises, and not the problem. I cast my cares on You today, I will magnify God's Word in all that I do. I will not focus on unfavorable situations because grace and favor follows and goes before me!

In the Name of Jesus, I am the righteousness of God. Therefore, I am entitled to covenant blessings, kindness and covenant favor. The favor of God is among the righteous. The favor of God surrounds the righteous. Therefore, it surrounds me everywhere I go today, for the remainder of the month and in everything I do. I expect the favor of God to be in full manifestation in my life.

Never again will I be without the grace and favor of God. It rests richly upon me and my entire household. It abundantly abounds in me. I am a part of the generation that is experiencing God's favor immeasurably, limitlessly, and surpassingly. Therefore, grace and favor produce supernatural increase, promotion, restoration, honor, increased assets, greater victories, recognition, prominence, preferential treatment, petitions granted, policies and rules changed, and battles won in which I do not have to fight. I am highly favored!

I decree today that the favor of God is on me and goes before me. Only You can raise up someone that has the power, ability and influence to help me! Therefore, my life will never be the same!

Father, according to Ephesians 1:11, in Him we have obtained an inheritance, having been predestined according to the purpose of Him who works all things according to the counsel of His will.

I declare, the same favor that was on Noah is on me! This is the time of God's favor in my life. That is the favor of God, in Jesus' Name!



# March 2018 C O N F E S S I O N

## **Breaking Generational Curses**

Father, I thank you for Jesus and for my salvation through Him. I am so grateful to be washed in Your Blood. Thank You for destroying the works of the devil. Thank You for giving me power to trample on serpents and scorpions and over all the power of the enemy according to Luke 10:19.

Today I break generational curses and I choose to forgive others and everyone who has hurt me, betrayed me, or disappointed me. I forgive and I repent of unforgiveness as sin. I repent of anger, bitterness and hatred, pride, rebellion, resentment, revenge, envy, jealousy, strife, doubt, distrust, unbelief, lust, sexual perversion, witchcraft, control, manipulation, idolatry and all the works of the flesh this month and in the months to come.

In the name of Jesus, I renounce all unholy vows, pledges, oaths and ceremonies. In the name of Jesus I sever all unholy soul ties and confess them as sin. For Jesus Christ is my Savior and Lord. He's my Deliverer and my Healer and He broke the power of the curse on the cross. I will no longer walk in agreement with any evil spirit. In the name of Jesus Christ, I now rebuke, break, and loose myself and my family from any and all evil curses, fetishes, charms, vexes, hexes, spells, every jinx, all psychic powers, sorcery, bewitchments, enchantments, witchcraft, love potions, and psychic prayers that have been put upon me, back to ten generations on both sides of my family.

I break and loose myself from any and all connected or related spirits from any person or persons. I ask You, Heavenly Father, to return every curse to the senders now. I'm in agreement with Balaam according to Numbers 13:8 & 20, How shall I curse, whom God hath not cursed? or how shall I defy, whom the Lord hath not defied? Behold, I have received the commandment to bless: and he hath blessed; and I cannot reverse it. Every generational curse is broken in Jesus' Name!

In the name of Jesus, I now renounce, break, free, and loose myself and my family from all psychic heredity, demonic holds, psychic powers, and bondage of physical and mental illnesses, family, marital, and other curses upon us, back to ten generations on both sides of our families resulting from sins, transgressions, iniquities, involvements of myself, my parents, and any other ancestors of mine or my spouse, and all ex-spouses, or their parents, or any of their ancestors. I command all spirits to come out of my emotions in Jesus' Name! I plea the blood of Jesus, in Jesus' Name!



# *April 2018* C O N F E S S I O N

## **Healthy Lifestyle**

I walk in divine health, for Jesus has conquered sickness in my life. I walk in divine health and divine life, because I have the divine nature. Jesus took all my sickness upon His body, and by His suffering, I am healed. Divine health pulsates through every cell of my body every day. Sickness and disease cannot and will not latch itself to my body. I commit to live a healthy lifestyle from this day forward.

I am healthy according to Isaiah 53:5, He was wounded for my transgressions, he was bruised for my iniquities: the chastisement of my peace was upon him; and with his stripes I am healed!

I prepare healthy foods for my family and myself. I treat my body well and don't misuse it. Father, Your anointing is on me today. It breaks yokes off the oppressed, causes blind eyes to see, deaf ears to hear, hearts to open and understand. It causes the sick to be healed, needs to be met, and it draws attention to Your Word. Father, Your Word is alive in me today! Revelation knowledge flows out of me every day. I operate in the gifts of the Spirit as the Spirit wills today.

My body is the temple of the Holy Ghost. Therefore, I come out from among foods that deplete my body of essential nutrients. I separate myself unto God and I eat that which is good, healthy, and nutritional and that will provide the building blocks to restore my body and bring me to the state of optimum health. My body is strong! My life is balanced according to God's perfect plan for me. I get sufficient rest, sleep, and recreation to rejuvenate myself regularly so that I begin each week refreshed and ready for Kingdom building.

I keep my body under subjection and do not allow my flesh to control me. I cancel all destructive cravings for food and substances that threaten my health and wellbeing. I speak against all junk food that comes into my presence. I decree that you have no power to control my desires or my appetite. I am free from bondage to unhealthy food products. I draw from the wisdom of God to direct me to prepare and shop for healthy foods and to manage my time properly so I don't fall back into bad eating habits.

I command my body to obey me and my mind to focus on the image of health. I see myself with a daily lifestyle that positions me for a high level of anointing and productivity, in Jesus' Name!





# *May 2018* C O N F E S S I O N

## **Building My Inner Man**

I walk in safety and supernatural protection today. Even though a thousand fall at my side and ten thousand at my right hand, it shall not come near me. No weapon that the enemy forms against me today shall prosper. Nothing shall by any means hurt me today. I'm in agreement with Psalm 91:7, a thousand shall fall at thy side, and ten thousand at thy right hand; but it shall not come nigh thee.

Father God, this month I release words of faith into the earth, spiritual seed that bring both a spiritual harvest, and a natural, physical manifestation into my life. I have no cares for I cast the whole of my cares over on Jesus, for He cares for me. I have no heavy burdens because I've taken Jesus' yoke which is easy and His burden which is light.

I am above only and not beneath. I am the head and not the tail. I'm blessed coming in and blessed going out. I have the mind of Christ, the wisdom of God flows in me and through me and the fullness of God dwells in me. I tread upon serpents and scorpions and I exercise righteous authority over all the power of the enemy. Nothing shall by any means hurt me. I am skilled in the Word of righteousness and I call things that be not as though they were. I will not fear what man can do unto me because no weapon formed against me shall prosper. Any tongue that rises against me in judgment shall be condemned.

The blood of Jesus Christ covers my spirit, soul and body, and has sanctified me and separated me from the world, the flesh and the devil. I not only have my senses exercised to discern both good and evil, but I aggressively come against the kingdom of darkness and spoil every plot and scheme Satan has waged against me and those around me. I take my shield of faith and quench Satan's every fiery dart. I will not be distracted from doing the will of God, and I will not stray to the left hand or to the right. I have sound judgment and discretion and I refuse to be deceived by Satan in any way.

My mind is sharp and my spirit is keenly sensitive to disturbances in the spirit realm. I watch and pray and prevent evil from taking place because the Holy Spirit shows me things to come. I am equipped with spiritual armor and weaponry and I am never caught off guard by the wicked one and I refuse to be intimidated by the enemy, in Jesus' Name!





# *June 2018* C O N F E S S I O N

## **Financial Stability**

I walk in financial abundance. God supplies all my needs - not half of them - ALL of them. Satan, take your hands off my finances. Finances, I command you to be loosed from the world system, and placed in my account today so I can do the work of the Lord.

Father, in the Name of Jesus I confess Your will over my finances this day, that I have given the tithes of my increase and I claim the windows of heaven blessings for my life are open unto me. Thank You Father, my mind is alert and I hear Your voice and the voice of the stranger I will not follow. Thank You, I receive the new doors of opportunity that are open for me and my family. Father, I give to the poor, and support my church kingdom agendas. Therefore, I will never lack.

I will always have all sufficiency in all things as you are raising up others to use their power, their ability and their influence to help me! I expect daily, Father, for the Spirit of God to speak to men and women concerning giving to me, and in the name of Jesus those to whom the Spirit of God has designated are free to obey and give to me good measure, pressed down, shaken together, and running over! In Jesus' Name, I believe every need is met with heaven's best. I give for the support of the work of God and those who teach His Word. You promised that You would supply all my need according to Your riches in glory by Christ Jesus.

So, I thank You Father, I live the best and enjoy the best in every area of my life. Father, Your Word says that I can decree a thing because of my covenant vow with You for the kingdom of God in the earth. Now this is my decree (whatever that particular decree is) and I thank You for wisdom and insight to bring it to pass. You give me and my family richly all things to enjoy.

Now, Satan, I bind your activity in my life and I loose the angels, the ministering spirits of God to minister for me and bring in the necessary finances so that I may continue to finance the kingdom of God. Father, Your Word declares that my giving increases the fruits of my righteousness. I thank You Father, I have the abundance of peace, the abundance of joy, the abundance of patience, the abundance of temperance and the abundance of goodness. The maximum return on my giving is mine because I give to promote the Name of Jesus and the gospel in the earth, in Jesus' Name!



# July 2018 C O N F E S S I O N

## **Wealth & Prosperity**

Father, in the Name of your Son Jesus, I confess your Word again this month of July over my finances. As I do this, I say it with my mouth and believe it in my heart and know that Your Word will not return to you void, but will accomplish what You sent it to do.

Therefore, I believe, in the Name of Jesus, that every need is met according to Philippians 4:19. I believe that because I have given tithes and offerings to further Your cause, gifts will be given to me, good measure, pressed down, shaken together, and running over will they pour into my bosom. For with the measure I gave last month, it will be measured back to me in July and many months following!

Father, you have delivered me out of the authority of darkness into the Kingdom of your dear Son. Father, I have taken my place as your child. I thank you that you have taken your place in my life as my Father. You are taking care of me because I have chosen to seek first the kingdom. Thank you for adding to my life!

Satan, I bind you from my finances, according to Matthew 18:18, and loose you from your assignment against me, in the Name of Jesus.

I confess, God, that you are able to make all grace-every favor and earthly blessing to come to me in abundance, so that I am always, and in all circumstances, furnished in abundance for every good work and charitable donation never needing anything!

Father, I am in agreement with Deuteronomy 8:18-19, but thou shalt remember the Lord thy God for it is He that giveth thee power to get wealth, that He may establish his covenant which He swore unto thy fathers, as it is this day. I will not forget the Lord thy God, and walk after other gods, and serve them. God, You are my source!

Therefore, wealth and riches shall be in my house and the wealth of the sinner is laid up for the righteous, in Jesus' Name!



# August 2018 C O N F E S S I O N

## **Walking In His Perfect Will**

Father, I am in agreement with Romans 12:1-2, by the mercies of God, I present my body a living sacrifice, holy, acceptable unto God, which is my reasonable service. Therefore, I will not be conformed to this world: but I'm transformed by the renewing of my mind, that I may prove what is that good, and acceptable, and perfect, will of God.

I thank You that the communication of my faith becomes effectual by acknowledging every good thing, which is in me in Christ Jesus. I hear the voice of the Good Shepherd. I hear my Father's voice, and the voice of a stranger I will not follow.

Father, I believe in my heart and say with my mouth that the will of God is done in my life. I walk in a manner worthy of You, Lord, fully pleasing to You and desiring to please You in all things, bearing fruit in every good work. Jesus has been made unto me wisdom. I single-mindedly walk in that wisdom expecting to know what to do in every situation and to be on top of every circumstance!

Lord, I make my thoughts agreeable to Your will, and so my plans are established and succeed. You direct my steps and make them sure. I understand and firmly grasp what the will of the Lord is for I am not vague, thoughtless, or foolish. I stand firm and mature in spiritual growth, convinced and fully assured in everything willed by God.

Father, You have destined and appointed me to come progressively to know Your will; that is to perceive, to recognize more strongly and clearly, and to become better and more intimately acquainted with Your will. I thank You, Father, for the Holy Spirit Who abides permanently in me and Who guides me into all the Truth-the whole, full Truth-and speaks whatever He hears from the Father and announces and declares to me the things that are to come.

I have the mind of Christ and hold the thoughts, feelings, and purposes of His heart. So, Father, I have entered into that blessed rest by adhering, obeying, trusting, and relying on You, in Jesus' Name!





# September 2018 C O N F E S S I O N

## Words Of My Mouth

I will speak life this month for Jesus has destroyed a murmuring and complaining tongue in my life. My tongue will speak forth words of life this month. My words will produce spiritual life in my heart, family and people I know and don't know.

Father, in the Name of Jesus, I thank you that I am a new creation in Christ Jesus, and because I am a new creature, I will speak of excellent things, and the opening of my mouth shall be right things. For my mouth shall speak truth and wickedness is an abomination to my mouth. All the words of my mouth are in righteousness; and there is nothing forward or perverse in them. They are plain to him that understandeth and right to them that find knowledge.

My mouth feed many because I am the righteousness of God in Christ Jesus. My tongue is as choice silver, and my mouth bringeth forth wisdom because I am the just. My mouth knows what is acceptable and my mouth shall establish truth forever. My mouth shall preserve me, and I use knowledge correctly because I am wise. Wisdom is found in my mouth because I have understanding. My tongue is a tree of life. Pleasant words are always in my mouth, because they are as a honeycomb, sweet to the soul and health to my bones.

My words are as deep waters and the wellspring of wisdom as a flowing brook. My mouth is a well of life. Death and life are in the power of my tongue, and I choose life. Therefore, I will not let any corrupt communication proceed out of my mouth. I will not speak evil of anyone.

My thoughts are right because I am the righteousness of God in Christ Jesus. I think on things that are true, honest, just, pure, lovely and of good report. I have been transformed by the renewing of my mind with the Word of God because I have the mind of Christ and the wisdom of God. I am a follower of Jesus.

I agree with Psalm 45:1, my heart is dictating a good matter, my tongue is the pen of a ready writer. Therefore, pages of my life are turning, and I use my mouth to speak words that will produce the promises of God, in Jesus' Name!





# October 2018

## CONFESSIO

### Debt-Free

Lord, I stand in faith for all my debts to be paid in full so that I may owe nothing except to love others. I understand that I cannot accomplish that on my own, but I know You can make that possible. And I trust You to do it.

Father, I decree and declare I've been carved out for an end-time expression of ElShaddai, the God of abundance and no lack. Father, at Family Life Church, I am taught how to live independent of this world system and how to have dominion over it. Therefore, in Jesus' Name, I declare that I am debt-free! The spirit of debt is destroyed over my life and over Family Life Church because of the anointing.

I am the lender and not the borrower, the head and not the tail. I am blessed coming in and blessed going out. Father, You daily load me with benefits and cause Your blessings to overtake me. Wealth and riches are in our house and my family increases more and more. Father, You gave me power to get wealth to establish Your kingdom here in the earth and millions are now hearing the gospel and receiving Jesus as Lord. I am plenteous in goods, for You have given us richly all things to enjoy. The blessing of the Lord has made me rich, adding no sorrow with it.

I am debt-free because I'm joint heirs with Jesus Christ and Abraham's blessings belong to me. I am Holy and my relationship causes You to grant me millionaire status and I walk in God's wisdom, exercising sound judgment and stewardship over this wealth.

I sow bountifully, therefore, I reap bountifully. I give and it is given unto me good measure, pressed down, shaken together and running over. I have the wealth of the wicked and I owe no man anything, but love! The devourer is rebuked for my sake and he cannot destroy the fruits of my ground.

All these promises are mine by faith and the devil cannot touch me. My heart is fixed, trusting in the Lord. I hold fast to my confession of faith. Debt will not come near my dwelling place! I am "THE DEBT-FREE REDEEMED OF THE LORD", in Jesus' Name!



# *November 2018* C O N F E S S I O N

## **Wisdom and Guidance**

The spirit of truth abides in me and teaches me all things. He guides me into all truth. Therefore, I confess I have perfect knowledge of every situation and every circumstance I come up against. For I have the wisdom of God according to John 16:13 and James 1:5.

I trust in the Lord with all my heart, and I lean not to my own understanding according to Proverbs 3:5. In all my ways I acknowledge Him and He directs my path according to Proverbs 3:6.

The Lord will perfect that which concerneth me according to Psalms 138:8. I let the Word of Christ dwell in me richly in all wisdom according to Colossians 3:16. I do follow the Good Shepherd. I know His voice and the voice of a stranger I will not follow according to John 10:4-5.

Jesus is made unto me wisdom, righteousness, sanctification and redemption. Therefore, I confess I have the wisdom of God, and I am the righteousness of God in Christ Jesus according to I Corinthians 1:30 and II Corinthians 5:21.

I confess that as I become more God-inside minded, I can more easily recognize the inward witness of the Holy Spirit. I hear the voice of the Good Shepherd, and a stranger's voice I will not follow.

I meditate in The WORD day and night, not letting it depart from my mouth. I test my inward witness with The WORD, for the Spirit and The WORD agree. I am quick to act on The WORD, as well as the prompting of my spirit. I am not a hearer only, but also a doer. Therefore, I am blessed in all my deeds.

Father, no matter if it's wisdom about buying or selling, vocation or vacation, this place or that place, this person or that person, I know that, according to Proverbs 4:7, wisdom is the principal thing; therefore, get wisdom: and with all thy getting, get understanding.

So, Father, make me more and more like Jesus, even as I trust you for the opening and closing of doors that are in front of me. Father, I have the same perspective as Solomon, give me wisdom and riches will follow, in Jesus' Name!



# *December 2018* C O N F E S S I O N

## **Finish Strong**

Father God, I give You thanks from the depth of my heart. You are a good Father. You have been good to me, to my family and to my destiny. Your mercy has seen me through all these months. For this I say, thank You LORD.

Father, this is the year that You have made. Thank You for giving me joy all through this year. Thank You for surrounding me with Your peace. Thank You for delivering me from the works of darkness. Thank You for answering all my prayers. Father, thank You, LORD, for protecting and preserving my life and disallowing the plans of the devil in my life and family this year. Thank You for dividing every Red Sea that confronted me during the course of the year and making a way for me to walk in victory throughout this year.

Thank You, Father, for the gift of salvation. Thank You for the gift of the Holy Spirit, who lives in me and helped me at all times when things were beyond my control. Thank You for the gift of Your Word that transformed my life and sending Your angels to take charge that kept my feet from slipping.

Thank You for providing for me all through the year. You have not allowed me to lack and suffer hunger as You promised in Your Word. Thank You Heavenly Father for the Blood of Jesus Christ that gave me "THE BETTER LIFE" even when I didn't DESERVE it. Father, thank You for the performance of Your Word in my life, family and for doing much more than we could ever have asked for, or dream of, during the course of the year.

I declare by faith that I am finishing strong. During these last days of this year, I nor my loved ones will die prematurely. Father, I agree with Ecclesiastes 7:8, that better is the end of a thing than the beginning. I decree that this year will end well for me and my household. I reject bitterness, self-condemnation, and depression as this year ends in Jesus' Name.

From today and into the New Year – I go in Peace & I will finish strong! The God of heaven has granted my petition. Every one of my entitled blessings for the year, that is still hanging and pending until now, be released and come to me this day, in Jesus' Name.

Father, I'm leaving this year with a "BETTER LIFE", IN JESUS' NAME!



# Family Life Church

## **S H R E V E P O R T**

